

Thrive™ Instructions for Use

Product Number: FS5

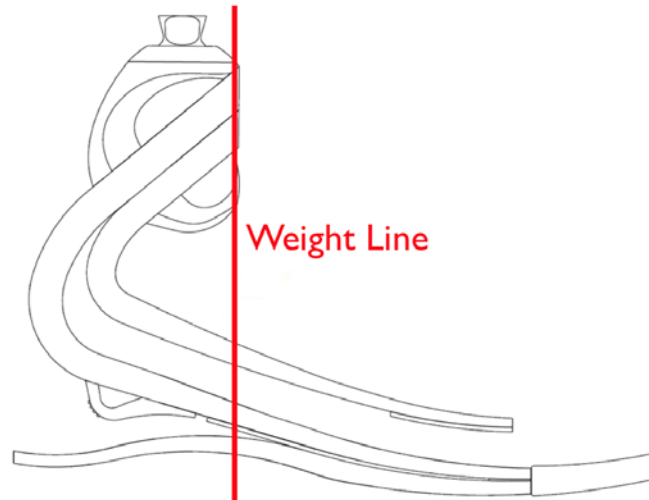
Assembly

The Thrive™ foot module is pre-assembled consisting of graphite components (keels), a sole plate, two Spectra™ socks, and a footshell. Foam *stiffening bumpers* for increasing heel stiffness are provided. After dynamic alignment, torque pyramid adjustment screws to the manufacturer's specifications. Secure pyramid adjustment screws with thread locking adhesive (i.e., Loctite T242).

Bench Alignment

Prior to donning the prosthesis:

- Plantarflex/Dorsiflexion foot to match the shoe heel height.
- Adduct/Abduct socket to provide appropriate frontal plane angle.
- Flex/Extend socket to provide appropriate sagittal plane angle.
- Move the socket linearly to insure the weight line falls along the anterior edge of the pylon (see illustration).



Dynamic Alignment

During *loading response*, the heel lever stores energy and releases it during *midstance*. This action provides momentum for the keel to store energy and release it during *terminal stance*. To optimize the heel to toe rollover motion, adjust the following variables:

- Anterior/posterior foot placement
- Dorsiflexion/plantarflexion
- Heel stiffness

Troubleshooting

Heel too soft

Symptoms

- Foot flat occurs too rapidly
- Toe feels excessively stiff
- Knee hyperextension

Solutions

- Shift socket anteriorly in relation to the foot
- Attach foam *stiffening bumpers*

Heel too hard

Symptoms

- Rapid knee flexion, instability
- Heel to toe progression too rapid
- Lack of energy return sensation

Solutions

- Shift socket posteriorly in relation to the foot
- Verify appropriate foot module category

Foot module too stiff

Symptoms

- Flat spot in rollover motion at slow cadences

Solutions

- Consider a lower category foot module

Foot module too soft

Symptoms

- Clicking noise at *initial contact*
- Excessive toe deflection with high impact activity

Solutions

- Consider a higher category foot module

Stiffening Bumpers Foam *stiffening bumpers* are included to adjust the heel stiffness during *loading response*. The bumpers may be temporarily attached with tape between the heel lever and keel. If the bumpers provide excessive heel stiffness, exclude or trim as appropriate. For permanent placement, adhere bumpers using Barge or similar contact cement.

Spectra™ Socks Two Spectra™ socks are provided to minimize noise and protect the footshell/graphite components. The smaller Spectra™ sock should be placed over the proximal (top) keel only. The larger Spectra™ sock should be placed over both keels and the sole plate before donning the footshell. Spectra™ socks must be replaced at intervals appropriate to the user's activity level. Failure to inspect and replace the Spectra™ socks may prematurely wear the foot module, and will void the warranty.

Foot Shell When removing or installing the foot shell, use the Foot Shell Removal Tool (ACC-00-10200-00) to prevent damage to the foot module.

Thrive™ System
 Minimum clearance: 145mm-175mm
 Maximum user weight: 166 kg (365 lbs)
 Available sizes: 22cm-30cm
 Warranty: Graphite components/pyramid connector (36 months)
 Foot shell (6 months)

Maintenance The foot module requires periodic maintenance.

- Inspect the foot module every six months. If the user is more active, more frequent inspection may necessary. Service as necessary. Replace Spectra™ sock and/or foot shell if worn to prevent damage to the graphite components.
- The foot module may be cleaned and/or disinfected with soap and warm water.
- Do not allow aggregates such as sand to remain in the *foot shell*. Upon exposure to aggregates, immediately disassemble foot module and rinse with water. The abrasive properties of aggregates will quickly wear the graphite components of the foot module.

Warnings Failure to adhere to the guidelines of the *Instructions for Use* will void the warranty.

- Never use the foot module without a *foot shell*.
- Never assemble the Thrive™ foot module with the *sole plate* inside the Spectra™ sock. This will lead to premature failure of the foot module.
- Freedom Innovations foot modules are manufactured to fit industry standard pyramids and receivers. It is the prosthetist's responsibility to select and/or fabricate properly fitting attachment components.
- Never attempt to loosen the bolt affixing the pyramid connector.
- Discontinue use and consult your prosthetist if any part of the prosthesis starts to make noise.
- Inform your prosthetist if you lose or gain a significant amount of weight.
- Freedom Innovations foot products are manufactured and tested for a particular weight and activity impact level. Use by another user for whom it was not originally manufactured may cause injury and shall void any written or implied warranty.



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